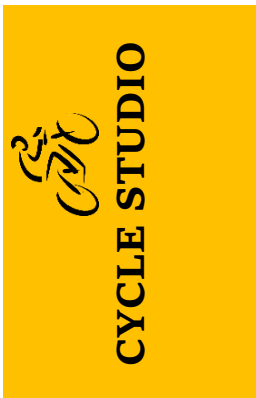


GROUP CLASS SCHEDULE

AEROBIC STUDIO

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM	BOOTCAMP CHRISTY (45 MIN)		BOOTCAMP AUSTIN (45 MIN)		BOOTCAMP HEATHER (45 MIN)	
8:30 AM				TRIYOGA KAREN		
9:00 AM	HIIT AUSTIN		HIIT AUSTIN		H.I.I.T. IT HARD SPIN/HIIT (spin room) AUSITN (60 MIN)	ZUMBA RENATA
10:00 AM				BODYPUMP LINDSAY		
10:30 AM			VINYASA YOGA AMBER			BODY BLAST JASMINE
5:15 PM		ZUMBA RENATA				
5:30 PM	POP PILATES TAYLOR B.					
5:45 PM			CORE STRENGTH STACEY			
6:00 PM					BODYPUMP ROBERT	
6:15 PM		BODYPUMP LINDSAY				
6:45 PM	ZUMBA RENATA		ZUMBA BRANDY	GUT N BUTT JASMINE		
7:30 PM		YOGA MARION				



CYCLE STUDIO

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM		CYCLE/CHRISTY				
5:15 AM				CYCLE/HEATHER		
8:00 AM						CYCLE/NINIKA
9:00 AM		CYCLE CINDY		CYCLE/CINDY	H.I.I.T. IT HARD SPIN / HIIT AUSITN (60 MIN)	
6:30 PM		CYCLE HEATHER	CYCLE NICOLE			